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GUIDE

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A Note from the Editor

Welcome to the July edition of the North Lakes Guide.

Our cover photo this month is all about the Pine Rivers Show which you can read about on page 30 of this month's edition of the North Lakes Guide.

There are loads more events and stories inside this month's edition, so grab a cuppa and settle in!

Hear our exclusive interview with CEO Rachel Acres, founder of the Freedom Room in Strathpine, on this month's GuideCast. Simply scan the QR code below.

We also have inside a handy trades and services section so don't forget to help support our local small businesses!

To keep up to date with these stories and more, follow our Facebook page and sign up to our fortnightly newsletter here:

<https://theguidesbrisbane.myflodesk.com/signup>

Until next month, happy reading - and listening!

Jodie

Scan to hear our latest podcast!



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Powderstreet the Powderfinger Experience

STORY **ALYSSA MACKAY**

FROM MY HAPPINESS TO TOMORROW: POWDERFINGER AND SILVERCHAIR TRIBUTE

Don't miss the ultimate tribute double header for fans of Powderfinger and Silverchair.

On Saturday, 6 July, Powderstreet and Frogstompers will be rocking out at Thirsty Chiefs Brewing Company in North Lakes.

Powderstreet bass player, Kyle said they would be playing Powderfinger hits like Sunsets, My Happiness and (Baby I've Got You) On My Mind across a full live production set-up.

"We love performing throughout the country, but even more in front of a Brisbane home crowd," Kyle said.

He said the audience could expect two hours of Australia's greatest rock music from two of Australia's greatest rock bands.

"Unfortunately, both Powderfinger and Silverchair no longer perform live," he said. "So, come and re-live their live experience with us on 6 July at Thirsty Chiefs."

Tickets are \$22.49. Book at www.eventbrite.com.au and search for 'Powderstreet the Powderfinger tribute show'.



Mrs Claus and Kristifor Kringle

KRIS KRINGLE AND MRS CLAUS HOST MAGICAL BOOK READING

The Festive Emporium in North Lakes is hosting a special event on Saturday, 6 July with none other than Kristifor Kringle, better known as Santa Claus, doing a reading of his books.

The jolly man in red will be joined by Mrs Claus as they entertain children with stories from books titled *A Night Before Christmas*, *Santa and the Christmas Gnomes* and *The Alphabet Book*.

"These books have only just been released, although many years in the writing by the Elves, Christmas Gnomes, Reindeer (I translate) and also myself," Mr Kringle said. "As you will see, they are printed by ELF Print and only in short runs as they have much to do throughout the year."

Parents are welcome to take photos of their families with Kristifor Kringle and Mrs Claus. Books will also be available for purchase and can be signed by this very festive duo.

The event starts at 12pm. To secure a spot, interested guests must register as 'going' on the Festive Emporium's Facebook event 'Kristifor Kringle Book Reading'.

A FEAST FIT FOR SANTA

Get ready to celebrate Christmas in July at Barracks by Striker from 25 July to 28 July.

This new restaurant on Dayboro Road in Petrie is offering a feast with all the trimmings, including roast meats, vegetables and crispy potatoes.

Michelle Bowker from Barracks by Striker welcomed guests to their magical Christmas in July weekend.

"Indulge in our exquisite three-course dinner, crafted to bring the festive spirit to life," Michelle said. "Celebrate with us and make unforgettable memories in the heart of our community."

Guests can order from the bar or participate in a Christmas drinks package. Bookings are available from Thursday to Saturday from 5pm and Sunday from 12pm.

Prices start at \$59 per head and reservations can be made by emailing bookings@barracksbystriker.com.au or calling 3062 4477.

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SAFER SCHOOL COMMUTES

FOR MANGO HILL STUDENTS

In a bid to make school commutes safer and more accessible for children, City of Moreton Bay has launched the Active School Travel program at Mango Hill State School.

The program aims to encourage children to be healthier by walking to school along upgraded footpaths, crossings, bus stops, cycleways and roads.

Mayor Peter Flannery expressed his excitement about the program and its potential impact on the community.

"As a parent, I understand just how difficult school drop-off and pickup times can be; the delays due to increased traffic congestion and the concerns around our children's safety when travelling to and from school," he said.

Council has recently upgraded and delivered several infrastructure projects around Mango Hill to support the program. These upgrades include connected footpaths, safer road crossings, bus stop locations and designated meeting points for active transport.

"Walking, scootering, and cycling to school also has numerous health benefits for students and families, including improved overall concentration and independence, opportunities for socialising and a better sense of wellbeing," Mayor Flannery said.

Families and community members are encouraged to utilise meeting points along active transport routes, discuss active travel with their children, and incorporate more active school travel into their routines. Completing travel surveys provided by the school and Council can also help monitor results and suggest improvements.

For more information on the Active School Travel initiative, visit www.moretonbay.qld.gov.au/Services/Roads/School-Based-Road-Safety-Programs

"As a parent, I understand just how difficult school drop-off and pickup times can be; ..."



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A MUSICAL STEP BACK IN TIME

STORY **SHEREE HODDINETT**

If you're a child of the 80s or 90s, chances are you have fond memories of the music scene.

Now you can relive some of your favourite tunes at the Kallangur Tavern when they play host to the ultimate musical showdown as the Never Ending 80s presents: 80s vs 90s - The Battle of the Decades.

The biggest decision you have to make is which side you choose. The 80s were a time of neon fashion and unforgettable anthems. It was the decade that saw the rise of many legendary artists. The music from this era was characterised by its experimental use of electronic instruments and catchy melodies, along with a sense of flamboyant style and fun.

On the other hand, the 90s brought a diverse and dynamic range of musical styles to the forefront. This was the decade of grunge, hip-hop, pop music and boy bands. The 90s were a time of both angst and exuberance, reflected in the eclectic mix of genres that defined the era.

Get ready to hit the dance floor with a live performance show that sees the best pop hits of two iconic decades vying it out in the ultimate song-to-song battle.

Which song will be named the victor? Will No Doubt's 'Just A Girl' beat out Cyndi Lauper's

timeless tune 'Girls Just Wanna Have Fun'? Will everyone's 'Material Girl' Madonna reign supreme, or will the Spice Girls steal the crown with 'Wannabe' – one of the biggest songs from the mid-90s? And when it comes to music royalty, will 80s Prince outshine the groovy sounds of 90s Jamiroquai?

And who can forget the boy bands? Will you be dancing to the crooning tunes of the Backstreet Boys who want it that way or are you still loving Bon Jovi and his luscious locks as he's still Livin' on a Prayer? This is the ultimate test of which musical decade truly reigns supreme and you can help decide!

With the Never Ending 80s belting out the songs, you can be sure that this will be an unforgettable night filled with non-stop entertainment and exhilarating music. And don't forget to dress up for the experience. Tease your hair, grab your shoulder pads or best neon tights and shake the dust out of those flannel shirts and ripped jeans – it's time for a battle to relive the music that defined a generation.

Grab your tickets via tickets.liveatyourlocal.com.au/outlet/event/32edd62d-b3e6-4367-b771-0471e4a4bd75

Never Ending 80s - The Battle of the Decades: 80s Vs 90s

Friday, 19 July, 8pm

Kallangur Tavern

1517 Anzac Avenue, Kallangur.



80s vs 90s
The Battle of The Decades
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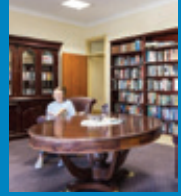
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A WORD FROM OUR REPRESENTATIVES

This year has been full of many memorable community visits and events, and I have had the privilege to meet so many new faces in our electorate.



WITH **LUKE HOWARTH MP**

Just over a month ago, the Albanese Labor Government handed down their third budget. We needed a budget focused on a back-to-basics economic agenda that; restores our standard of living and tames

inflation; restores prosperity and creates opportunity for all Australians; and restores budget discipline and honesty. Unfortunately, Labor's Budget did not achieve this.

Regarding our electorate, there is nothing in it for Petrie. Several of our infrastructure projects have been left out. I have secured funding for many projects within our electorate and have advocated in parliament on several occasions on the urgency. These projects need to commence as soon as possible.

I will continue to keep pushing for several projects to be funded. These include funding for the Dolphins NRL High Performance Centre, AJ Kelly Park upgrades, a new clubhouse for Redcliffe Leagues Club, Women's change rooms at the Redcliffe Tigers and many more projects.

I will continue to advocate for you and bring your matters to Parliament.

My government is doing what matters for Queensland, delivering direct cost of living relief.



WITH **PREMIER STEVEN MILES**

My number one priority is taking pressure off your household budget so that's why my first budget delivers the biggest cost of living relief in Queensland's history by making multinational mining companies pay their fair share.

We're taking \$1,300 off every Queenslanders' power bill, with \$1672 off for seniors, pensioners and vulnerable households.

Make sure you check your bill for a \$1,000 upfront credit on your first power bill after 1 July.

From 5 August, we're slashing all public transport fares to 50 cents a trip. By lowering fares we're reducing household bills and easing congestion on our busy roads.

We're also taking 20% off your rego, further easing pressure on your household bills.

I want more kids to get involved in local sports and I know cost is the biggest barrier, so we're expanding the \$200 FairPlay vouchers to all Queensland families to help with the cost of kids' sport.

I also want to help more Queenslanders buy their first home, that's why we're abolishing stamp duty for first home buyers on homes up to \$700,000.

We're also delivering Free TAFE and Free Kindy, saving local families thousands more.

Cost of living action is my number one priority, that's why we're delivering direct cost of living relief to Queensland households by making multinational mining companies pay their fair share.



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SPREADING THE WINGS OF CARE

STORY **SHEREE HODDINETT**

For Jenny Kingdom, dedicating her time to helping wildlife was always a path she was going to follow.

While she has a love and passion for all animals, it's some of the smaller and lesser-known creatures that have captured her attention. Jenny is a part of Bat Conservation and Rescue Queensland and along with her partner, they are carers for orphaned flying foxes.

"We have chosen to focus on flying fox orphans as we have the time to facilitate the regular required feeds throughout the day," Jenny said. "However, many of our members who work full-time care for microbats, which only need feeding once at night and are typically in care for about three days. Other members chose to focus on rescues alone, especially if they have work or time constraints."

Like many other animals, microbats and flying foxes are impacted by the effects of deforestation (including bushfires), general tree clearing and urbanisation. Being displaced from their natural habitat sees them resorting to seeking food in our gardens and parklands.

"Microbats are insectivores and eat the insects that are out at night, such as mozzies and moths," Jenny

explains. "They have a very small flight range from their roost sites. These are traditionally in a tree hollow and under the bark. Sometimes, when they lose their home, they are forced nearby to people's houses – we receive a lot of calls each year about microbats in people's outdoor umbrellas, for example.

"Flying foxes prefer to feed on the nectar and pollen of native trees, also the fruit of natives such as the Moreton Bay Fig. Like microbats, flying foxes are sometimes forced to nearby houses and parklands to find food."

So, how can we as a community help/lessen the impact on these creatures and their habitat?

"Microbats can be helped by installing microbat boxes and keeping pets inside at night," Jenny said. "The Redcliffe Men's Shed has very kindly made 20 boxes for our organisation (10 of which are a 100% donation from them) to sell at a very reasonable price. Thank you so much Redcliffe Men's Shed!

"Flying foxes can be helped by people keeping their pets inside at night and supervised when out for a toilet break. Please report flying foxes on power lines even if you think they are dead and use wildlife-friendly fruit netting (nothing with holes big enough you can stick your little finger through)."

Believe it or not, there are microbats and flying foxes all around us! From a semi-permanent flying fox colony in Sandgate to a large permanent one in the Redcliffe Botanic Gardens, all the way up to Caboolture and beyond. Microbats can find homes and live side by side in harmony in buildings, without us even knowing they are there!

"Bats are social and prefer to be with their colony – any bat on its own during the day, or on the ground day or night (they cannot take off from the ground like a bird) would be in trouble," Jenny said. "Please ring our rescue phone which is monitored 24/7 on 0488 228 134. And please remember no touch equals no risk, so please do not handle the bat and risk being bitten or scratched."

Bat Conservation and Rescue QLD is based in Brisbane and surrounds. They are always looking for volunteers to join the friendly and supportive 'batty' family.

For further information, visit <https://bats.org.au/>



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STORY **MARNIE BIRCH**

RACETRACK AFTERNOON CRUISE

On Sunday, 14 July feel the thrills of high revs and horsepower with your mates and like-minded enthusiasts while cruising a real racetrack. Blast along the main straight past pit lane at the historic Lakeside International Raceway in two 30-minute lap sessions. Only street-legal registered cars are permitted and safety rules apply. Tickets are \$50 per driver (two sessions for \$80). Passengers are welcome - ages 5 years up (\$20 for one or both sessions). Spectators are free.

Tickets available at www.hi-octane.com.au

PINE VALLEY MINIATURE RAILWAY

All aboard between 10am and 2.30pm at Warner! Littlies will love unlimited rides on the miniature train at the Pine Valley Miniature Railway. **This month's running day on Sunday, 14 July** will be conducted by QSMEE (Queensland Society of Model and Experimental Engineers). A sausage sizzle and canteen refreshments are available at lunchtime. Enclosed footwear is essential. Cost is \$15pp (plus 50-cent transaction fee) for unlimited rides.

For tickets visit www.qsmee.com.au

WORN IT, OWNED IT MARKETS

Grab a bargain of clothing and accessories at pre-loved prices and help support the Variety Club of Australia charity at the Worn It, **Owned It Market on Saturday, 20 July**. Everything pre-loved is for sale. The markets run **from 8am to 12pm at Old Petrie Town, 901 Dayboro Road, Whiteside**.

PLANT A TREE WITH YOUR DOG

Sunday, 28 July is National Tree Day. It's Australia's largest tree planting and nature care event and there's a local event that will run conjointly with Pooches in the Park in Kallangur. Get your hands dirty and plant a tree as a legacy for future generations while enjoying the Pooches in the Park event at **Penson Park between 8am and 12pm**. Free entry.

WORM FARMING AT HOME

Discover how easy it is to keep worms, reduce waste and enrich and improve the garden and soil with Brian "The Worm Man" Donaldson, plus information on how to start and maintain a worm farm. Get up close and personal with our wriggly friends at this free event for adults **at Strathpine Library on Saturday, 20 July between 11am and 12pm**.

Bookings required. To book go to www.moretonbay.qld.gov.au/libraries/Events/Worm-Farming/Worm-Farming-Strathpine

MAKE A CLAY PINCH POT

Feeling creative? Make a pinch pot using air-dry clay to take home in this beginners' workshop for adults **at North Lakes Library on Tuesday, 30 July. The workshop runs from 11am to 11.30am**.

Bookings required. Go to www.moretonbay.qld.gov.au/libraries/Events/Pinch-pot/NL

NAVIGATING YOUR CARE

Attention seniors. Discover essential information on what an Enduring Power of Attorney and an Advanced Health Directive means for your needs and wishes **at North Lakes Library on Tuesday, 9 July at 10.30am**. The event is free but bookings are required. Call the North Lakes Library on 3480 9900.

SCHOOL HOLIDAY FUN

City of Moreton Bay libraries host a range of events to keep the kids busy during the holidays. **At North Lakes Library on Wednesday, 3 July**, you can cuddle a wombat with Martin from Geckos Wildlife, and **on Thursday, 4 July** you can learn about blue whale poo. Kids can also learn how to draw cute manga monsters' in the Pokémon style at the Deception Bay Library on Friday, 5 July.

Bookings required. Visit www.moretonbay.qld.gov.au/libraries

Read online at northlakesguide.com.au/stories/in-the-northlakes-loop/

Would you like to contribute?

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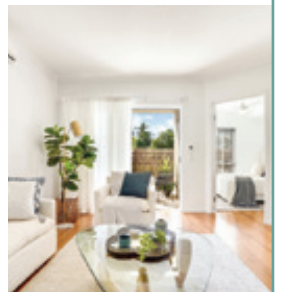
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SPITFIRES OVER STRATHPINE



Now Spitfire Avenue

Photo credit: Peter Dunn OAM

STORY MARNIE BIRCH

Military aviation does not immediately spring to mind when thinking of suburban Petrie and Strathpine, yet warplanes remain an intrinsic part of the area's history. Streets like Wirraway, Lancaster and Spitfire Avenue recall the many aircraft that flew at three military airfields constructed in the vicinity during World War II. The airfields formed a vital part of the strategic defence of Brisbane and were known as A1, A2 and A3.

The main landing strip, or Strathpine A2 airfield, comprised a paved runway along what is now Spitfire Avenue, behind Pine Rivers High School. During the war, A2 was used by British, American and Australian fighter squadrons. It also serviced 283 Australian army units and 15,000 US troops who were stationed nearby, training for deployment in the Pacific.

Besides the A2 runway, two other grass landing strips were constructed - the Petrie Airfield or A1, situated along Bells Pocket and Lawnton Pocket Road, and A3 or the Strathpine South Airfield, which is now a croquet field and industrial warehouses.

Petrie's A1 airfield was built at a 60-degree angle to the main A2 runway. Together with A3, it offered alternative landing strips in the event of aviation emergencies or when adverse wind conditions prevented a landing at A2. However, the large trees that surrounded A1 presented problems for pilots.

Peter Dunn's Australia@War website records that pilots were required to fly in an "S" shaped approach to A1 in order to keep the airfield in view when landing. The trees proved dangerous when flying at low speed and low altitude. Aviation records indicate that 2nd Lieutenant Maxwell J Jones was tragically killed in 1942 when his P-40 aircraft struck a tree while landing at A1. And in 1944, two Spitfire aircraft collided mid-air over North Pine Country Markets, killing two men.

Following the war, both A1 and A3 were dismantled. Although these airfields once bristled with military activity, little evidence remains today. The A2 runway was briefly used as a racetrack in 1950 before becoming Spitfire Avenue when the land was developed for housing. Only two small Council-erected memorials that celebrate the 50th anniversary of the end of WWII stand testament to the location of A1 and A3.



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FESTIVE FAMILY FUN

STORY **SHEREE HODDINETT**

What do you get when you mix a touch of magic, loads of entertainment, market stalls and a couple of cheeky little visitors?

Head along to the Murrumba Market – Christmas in July as they celebrate the gift of giving with a market packed to the brim with festivities and fun for the whole family.

You can indulge in a little winter festive cheer, enjoy a few tunes with an abundance of entertainment, take a stroll through and purchase goodies from the many stalls on offer and have your tastebuds tantalised with a variety of delicious treats from the food trucks.

But wait there's more!

In the spirit of the celebration, there will also be the opportunity to join in on special activities that will fill your heart with so much joy. Kids can have their faces painted and you can watch the talented stilt walkers as they make their way around the market.

Moreton Bay Region Events co-director Eliza Burke said visitors can expect a very special night, but warned everyone to be on the lookout for two

very cheeky little elves who have escaped from the North Pole.

"Come down and enjoy live music, an abundance of local vendors and food trucks, but be sure to be on your best behaviour!" Eliza said. "There will be two cheeky elves roving the market causing mischief and reporting it all back to Santa at the North Pole! We have heard they plan to create havoc among the crowd!"

So, if you're looking for an afternoon out and about away from the hustle and bustle of life, the market is the place to be!

"We can't wait for Murrumba Market's Christmas in July," Eliza said. "We're bringing loads of FREE fun for all the local families in the area.

"Don't miss out on this magical celebration – it's the perfect way to create unforgettable memories with family and friends, whilst supporting local at the same time! We hope to see you there."

The Murrumba Market – Christmas in July is proudly supported by City of Moreton Bay, Moreton Money and Moreton Bay Region Events.

For more information visit www.facebook.com/murrumbamarket

Murrumba Market - Christmas in July
Saturday, 27 July, 12-6pm
50-60 Brays Road, Murrumba Downs.

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The image shows four drag queens in various outfits. Each queen is labeled with a name: 'CANDY' (top left), 'PUSS' (top right), 'VANNAH' (bottom left), and 'KATYA' (bottom right). They are arranged around a central white teacup and saucer. The background is a light blue and purple gradient with large, semi-transparent circles.

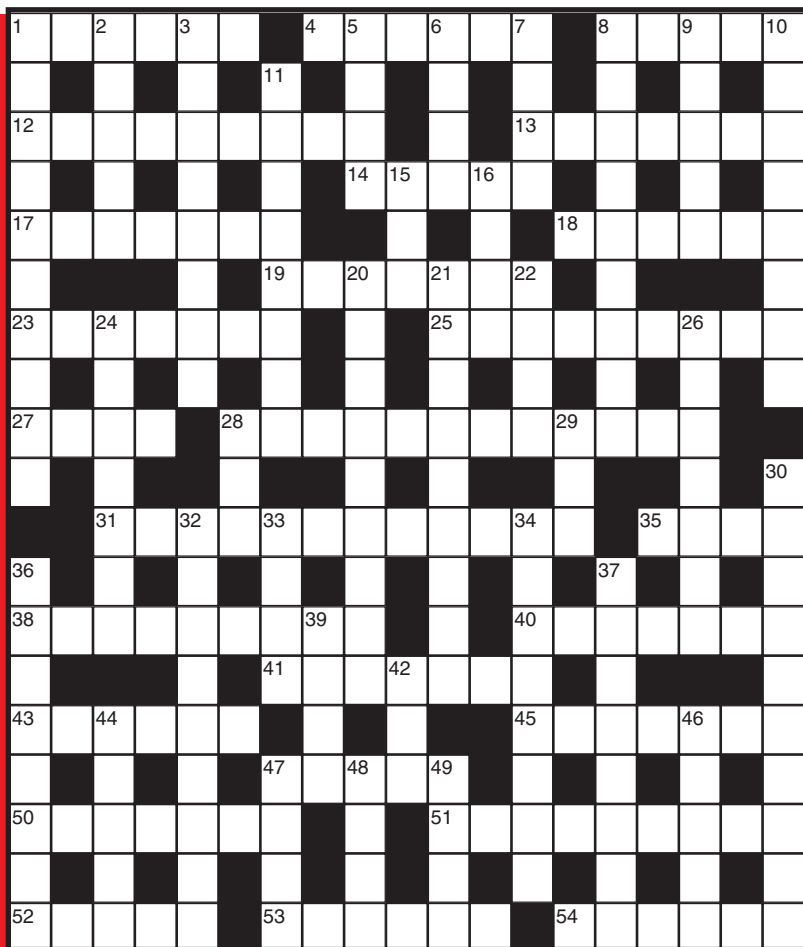
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THE BIG ONE CROSSWORD



ACROSS

- 1 Thermonuclear reaction
- 4 Part of an insect
- 8 Acute viral disease
- 12 Justify
- 13 Canopies
- 14 Timidly
- 17 Republic of Kiev
- 18 Far north US state
- 19 Relentlessly
- 23 Bombing run (3,4)
- 25 Sentimental
- 27 Fortune
- 28 Well-protected (6-6)
- 31 Sporadic
- 35 Depressed (coll)

- 38 Sanitise
- 40 Slipped by
- 41 Not crying (3-4)
- 43 Daughter of Mohammed
- 45 Readable
- 47 Courage (coll)
- 50 Vast
- 51 Spongey
- 52 Squalls
- 53 Named
- 54 Consider deeply

Solution Page 25

DOWN

- 1 Pleasing
- 2 Spanish gentleman
- 3 Master copy
- 5 Digs
- 6 Covered with frost
- 7 Radiogram (1-3)
- 8 Game show entrant
- 9 Connections
- 10 Hurdle
- 11 Diary
- 15 Features
- 16 Come into view
- 20 Dishonour
- 21 District
- 22 Canvass
- 24 US mountains, The ____
- 26 Bumps
- 28 Consumed
- 29 Industrious insect
- 30 Unclaimed mail (4,6)
- 32 Dwellings
- 33 Lamented
- 34 Unnecessary
- 36 Enlightening
- 37 Leaping marsupial
- 39 Harvest
- 42 Long period
- 44 Subdues
- 46 Staple foodstuff
- 47 Chair
- 48 Apartment
- 49 Variety of cabbage

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IT'S A DOG'S DAY IN THE PARK

STORY **SHEREE HODDINETT**

Get ready to spend a fun Sunday morning in the park with your furry four-legged best friend.

Penson Park in Kallangur will play host to a barking mad event with Pooches in the Park on Sunday, 28 July.

This year is the third Pooches in the Park, with Moreton Bay Region Industry and Tourism CEO Natassia Wheeler highlighting the event as an ultimate Sunday morning outing with your beloved pooch.

"Pet owners and their furry companions can indulge in the charm of our pet-themed market stalls, a captivating entertainment line-up, delectable offerings from food trucks, plus discover an abundance of paw-some activities in our entertainment precinct," Ms Wheeler said.

Pooches in the Park will certainly celebrate and spoil the furry-legged members of the family with a doggy makeover station, doggy ice cream and market stalls featuring a variety of pet products, accessories and tasty treats that your dog will love.

Presented by the City of Moreton Bay and delivered by Moreton Bay Region Industry and Tourism, Pooches in the Park is part of the City of Moreton Bay community events program, featuring an event across Moreton Bay almost every weekend, providing easy access for all residents to enjoy a variety of free community events.

"We know the residents of the City of Moreton Bay enjoy exploring the local area with their furry friends, so creating dog-friendly events in the calendar was essential," Ms Wheeler said.

As a bonus to this special doggy day, it coincides with National Tree Day, Australia's largest tree planting and nature care event. So, along with enjoying some time

out with your furry friends, you can get your hands dirty and help plant some trees.

"Together with the City of Moreton Bay, Pooches in the Park will offer event attendees the opportunity to give back to their community by planting a tree while you're at the event," Ms Wheeler said. "Registrations for the tree planting will be available through the City of Moreton Bay. We will share the link to register via the Facebook event once it's available, so keep an eye out for that one."

For further information about Pooches in the Park, visit www.whatsonmoretonbay.com/events/pooches-in-the-park or search for the 'Pooches in the Park Kallangur' event on Facebook.

Pooches in the Park
Sunday, 28 July, 8am-12pm
Penson Park
25 Ann Street, Kallangur.





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June

Amazing service and amazing results. My lawn was just weeds and prickly, Paul fixed this with a couple of visits and now with the regular visits it's all beautiful green grass. Much cheaper than I thought the fees would be. Extremely worth contacting Paul, so glad we did.



Rom

I have been using Paul and this business for a number of years now and have to say the time saving alone for not having to weed my lawn is worth the money. His products are absolutely fantastic: it keeps all the weeds out of my lawn, all the weed grubs are gone, and my lawn just looks absolutely fabulous now. I would highly recommend this to anybody.



Adrian and Carla

Paul has been looking after our grass for 6 months now and there has been a complete turn around with our lawn. Killing off unwanted weeds and bringing back healthy grass.

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Photo Kristy Griffin

THE CONVERT - MOVIE REVIEW

WITH @WATCHITWOMBAT

Set in 1830's New Zealand, Guy Pearce plays a stoic lay preacher (someone who hasn't been formally ordained), who arrives in New Zealand to spread his faith. However, he soon finds himself caught between two warring tribes and fighting to keep the people he cares for alive.

While this fictional story is loosely based on Hamish Clayton's Te Rauparaha-inspired novel *Wulf*, the entire film feels authentic and a million miles away from Hollywood – I mean this as a compliment. Aside from Pearce, there are no big names in the cast, which adds to the film's realism. This isn't to say that the acting isn't top tier – which it is, especially from the Māori cast who commit to every movement, every scream and every line of dialogue. In particular, rising star Tioreore Ngatai-Melbourne relishes her role as a warrior widow on a path of revenge.

Keep an eye out for consummate villain Lawrence Makoare, who you may not recognise from *The Lord of the Rings* (because he was under a ton of makeup).

Managing to avoid some of the more traditional tropes, *The Convert* circumnavigates the 'white

saviour' pitfalls and delves into less-trodden territory, demonstrating that people can resolve their differences without help from outsiders. This is in part thanks to its talented Māori director Lee Tamahori, who gave us James Bond's *Die Another Day* and the brutal *Once Were Warriors*. Tamahori adds his own flare and although there are splashes of violence, it's used sparingly, with purpose and never gratuitously, which helps set this film apart from traditional period dramas – *Bridgerton* this aint.

As someone who is fascinated with the Māori culture and its history, I relished this insight into a time and people that are not explored enough in cinema. I was immersed in traditional sets, wrapped in detailed costumes and enveloped in beautiful scenery (although it would be hard to make the New Zealand countryside look ugly). Watch *The Convert* at your local cinema and relish the sweeping landscapes and guttural war cries on the big screen.

In Aussie cinemas 22 June.



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PIGS FLY... ALONG THE SHOW RACE TRACK!



STORY **SHEREE HODDINETT** PHOTO **NOEL ROBERTS**

What happens when you gather a bunch of squealing pigs and get them to race?

You could find out when the racing pigs hit the track and up the entertainment stakes at this year's Pine Rivers Show – the biggest and oldest running local show in the City of Moreton Bay.

For Kev Kiley, pig racing became a big part of his life when he took over Noah's Farm back in 2000 and it has now evolved into a booming business which sees him travelling the east coast of Australia, from Cairns to Hobart.

"We have four crews on the road now, doing an average of 80 to 90 jobs a year," Kev said. "This year, we'll be back at the Pine Rivers Show with about six or seven pigs racing and give the crowd a bit of entertainment.

"It's interesting how people react when they find out about the pigs – a lot of people don't realise it's a business, they think it's a hobby. But my hobby's my pub and my business is the pig races, which we also raise money for charity and it's probably well over \$10 million now."

Working with animals can't be easy, but Kev certainly knows a thing or two having grown up in the heart of the Mallee country in Victoria. One of his longest-standing memories certainly helps with pig racing today!

"I was the youngest of nine boys and we used to milk the cows before we went to school," he said. "I can still remember walking past the pigs with buckets of milk and the pigs would just go nuts because they could smell the milk. It certainly comes in handy with the races we do now, that's for sure!"

This year's Pine Rivers Show is, as always, one for the whole family. Noel Roberts, who you'll find capturing all the show fun behind the lens of a camera, as well as hearing his voice radiating through the ground speakers, highlights it as a popular option for many local families looking for a fun day out.

"One of the things that we have always said about the show is that once you have paid your entrance fee, you really don't have to spend anything else if you don't want to," Mr Roberts said. "For families,



a day at the show is very good value. They can bring in their own food and drinks if they want to, they can see all of the entertainment, animal farms and other demonstrations for free.

"We do our best to try and make it family friendly because we know everybody's under a bit of stress with the cost of living at the moment. And if you come in before 3pm on the first day (the Friday) there's no admission fee, it's free for everyone."

Along with the extremely entertaining pig racing, you can also walk with llamas, capture a bit of circus action, see what scaly and slithery creatures feature in the reptile show, admire the beauty of the Clydesdale horses, jump on a few rides, fill your arms with showbags and delectable treats, ooh and aah over the nightly fireworks and see what the riders have in store at the rodeo. There is plenty to see and do at this year's Pine Rivers Show.

For further information, programs and tickets, visit pineriversshow.org.au

Pine Rivers Show

Friday, 2 August, 9am-10pm;
Saturday, 3 August, 9am-10pm;
Sunday, 4 August, 9am-4pm.

Pine Rivers Showgrounds
757 Gympie Road, Lawnton.





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JULY What's On.

05 FRIDAY

**KALLANGUR TAVERN -
FRIDAY NIGHT IS POKER NIGHT! REGO**
from 6pm

06 SATURDAY

**THIRSTY CHIEFS BREWING COMPANY -
POWDERSTREET: THE POWDERFINGER TRIBUTE SHOW.**
from 6pm til 10pm.
Book online at Thirsty Chiefs Brewing Company

**THE FESTIVE EMPORIUM IN NORTH LAKES -
KRIS KRINGLE AND MRS CLAUS
HOST MAGICAL BOOK READING.**
The event starts at 12pm. To secure a spot,
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Festive Emporium's Facebook event 'Kristifor
Kringle Book Reading'

07 SUNDAY

DECEPTION BAY TAVERN -
1pm Pool Competition \$5 entry

PETRIE HOTEL -
Live music from 5pm

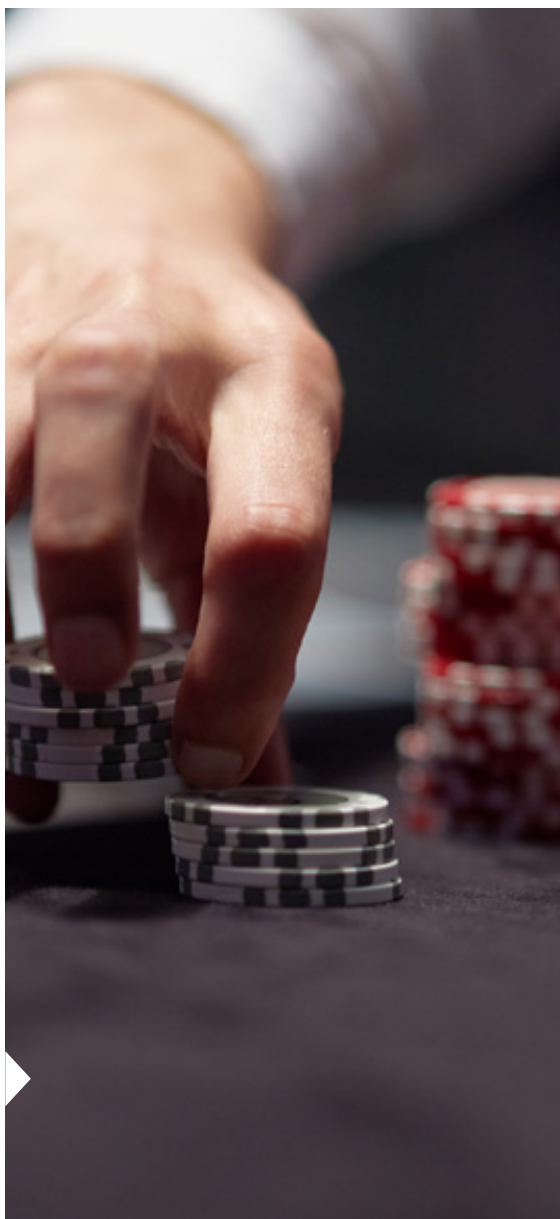
12 FRIDAY

PETRIE HOTEL -
Live music from 5pm

**KALLANGUR TAVERN -
FRIDAY NIGHT IS POKER NIGHT! REGO**
from 6pm

14 SUNDAY

DECEPTION BAY TAVERN -
1pm Pool Competition \$5 entry



17 WEDNESDAY

STATE OF ORIGIN GAME 3 -

Live in pubs and clubs

19 FRIDAY

PETRIE HOTEL -

Live music from 5pm

KALLANGUR TAVERN - FRIDAY NIGHT IS POKER NIGHT! REGO

from 6pm

KALLANGUR TAVERN - NEVERENDING 80'S V 90'S BATTLE OF THE DECADES

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20 SATURDAY

NORTHPINE CHRISTIAN COLLEGE - CHARLIE AND THE CHOCOLATE FACTORY MUSICAL

from 7pm for information and tickets go to www.facebook.com/even ts/1829078767592099/1829079580925351/



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21 SUNDAY

DECEPTION BAY TAVERN -
1pm Pool Competition \$5 entry

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CHARLIE AND THE CHOCOLATE FACTORY MUSICAL**
from 1.30pm for information and
tickets go to [www.facebook.com/even
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ts/1829078767592099/1829079580925351/)

25 THURSDAY

**BARRACKS BY STRIKER -
CHRISTMAS IN JULY - INDULGE IN A FESTIVE THREE
COURSE DINNER DESIGNED TO BRING THE SPIRIT OF
THE SEASON ALIVE.**

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**NORTHPINE CHRISTIAN COLLEGE -
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tickets go to [www.facebook.com/even
ts/1829078767592099/1829079580925351/](http://www.facebook.com/even
ts/1829078767592099/1829079580925351/)

26 FRIDAY

PETRIE HOTEL -
Live music from 5pm

**BARRACKS BY STRIKER -
CHRISTMAS IN JULY - INDULGE IN A FESTIVE THREE
COURSE DINNER DESIGNED TO BRING THE SPIRIT OF
THE SEASON ALIVE.**

Prices start at \$59 per head and reservations can
be made by emailing bookings@barracksbystriker.com.au
or calling 3062 4477.

**KALLANGUR TAVERN -
FRIDAY NIGHT IS POKER NIGHT! REGO**
from 6pm

27 SATURDAY

THIRSTY CHIEF BREWING - COMPANY TURNS 9 - HELP THEM CELEBRATE WITH LIVE MUSIC, FACE PAINTING, FOOD TRUCKS, GIVEAWAYS AND GOOD TIMES

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Prices start at \$59 per head and reservations can be made by emailing bookings@barracksbystriker.com.au or calling 3062 4477.

NORTHPINE CHRISTIAN COLLEGE - CHARLIE AND THE CHOCOLATE FACTORY MUSICAL

from 7pm for information and tickets go to www.facebook.com/events/1829078767592099/1829079580925351/

MURRUMBA MARKET CHRISTMAS IN JULY - 50-60 BRAYS ROAD, MURRUMBA DOWNS

from 12pm - 6pm. Indulge in winter festive cheer with an abundance of entertainment, browse through delightful stalls, warm up with the flavours of delicious food trucks, and join in on special activities that will fill your heart with so much joy, BUT Beware of the cheeky elves that have escaped the North Pole! We've heard they plan to create havoc among the crowd!

28 SUNDAY

PETRIE HOTEL -

Live music from 2pm - last Sunday of the month

DECEPTION BAY TAVERN -

1pm Pool Competition \$5 entry

BARRACKS BY STRIKER - CHRISTMAS IN JULY - INDULGE IN A FESTIVE THREE COURSE DINNER DESIGNED TO BRING THE SPIRIT OF THE SEASON ALIVE.

Prices start at \$59 per head and reservations can be made by emailing bookings@barracksbystriker.com.au or calling 3062 4477.

NORTHPINE CHRISTIAN COLLEGE - CHARLIE AND THE CHOCOLATE FACTORY MUSICAL

from 1.30pm for information and tickets go to www.facebook.com/events/1829078767592099/1829079580925351/

POOCHES IN THE PARK - PENSON PARK, 25 ANN STREET, KALLANGUR.

Get ready to spend a fun Sunday morning in the park with your furry four-legged best friend. For more information search for the 'Pooches in the Park Kallangur' event on Facebook.





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DINNER 5:00 pm to 7:30 pm

SATURDAY

BREAKFAST 8:00 am to 10:30 am
LUNCH 11:30 am to 2:30 pm (TAPAS to 4pm)
DINNER 5:00 pm to 7:30 pm

FRIDAY

LUNCH 11:30 am to 2:30 pm (TAPAS to 4pm)
DINNER 5:00 pm to 7:30 pm

SUNDAY

BREAKFAST 8:00 am to 10:30 am
LUNCH 11:30 am to 2:30 pm
BAR CLOSSES 4:30 pm

OFFICE HOURS

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TUESDAY to FRIDAY 8:00 AM to 4:30 PM

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THE 'JOYS' OF CHRISTMAS IN JULY ABORIGINAL ART EXHIBITION

STORY & PHOTO **SALLY EBERHARDT**

Part social gathering, part Aboriginal Art Exhibition and all heart sums up this Christmas in July event where everyone is very welcome.

Aboriginal artist and event organiser, Sandra Squis (affectionately known as Auntie Sandy), will have paintings for sale and her daughter Jordana Angus will be showcasing her contemporary Indigenous jewellery.

Aunty Sandy said that her paintings were interpretations of both local scenes and extensive overseas travels.

"Some are of places like Scarborough Beach, some depict bush tucker, others are inspired by other countries I've visited," Aunty Sandy said.

"They often feature repurposed materials like old doors and organic embellishments, such as snakeskin, feathers and shells."

Aunty Sandy is also the founder and coordinator of the JOY's Meetup Group – JOY being a fun acronym for Just Older Youngsters – a group open to everyone, especially new retirees.

"Many of the group will be in attendance to reconnect with friends and form new friendships as newcomers are very welcome," Aunty Sandy said.

"Many people can't wait to retire because they

are burnt out. Then when they do retire they don't know what to do. We encourage them to stay active and social and take up hobbies.

"I've seen people come in lonely and sad, with no one to talk to about their grief. In a few months with us, they are a different person. A much happier person with a new lease on life.

"We meet here at Xander's Café because it is so friendly, affordably priced, the food is great and they really look after us."

Tickets to the art exhibition are \$20 per person and must be prepaid. This provides you with a plate of finger food and a hot or cold beverage of your choice.

Come mix and mingle while enjoying delicious refreshments, seeing beautiful art and hopefully picking up a prize in the raffles or lucky door prize.

For more information and to RSVP search Facebook for 'Christmas in July Aboriginal Art Exhibition' and message Aunty Sandy from there.

This is an event to put a smile on your face, as it embodies the spirit of joy traditionally experienced most at Christmas.

'Christmas in July' Aboriginal Art Exhibition
Saturday, 20 July, 4pm-6pm
Xander's Cafe
14-18 Discovery Drive, North Lakes.



QCWA DATE LOAF

This month's recipe has been provided by Paula Surmon. This is a QCWA recipe used over many years and always enjoyed. I decided to have a go at making the recipe a little "healthier", with a reduced sugar and fat variation with the added benefit of high fibre. I have included both ingredient lists and both variations produce a yummy, moist date loaf.

This Date Loaf is also suitable for freezing.

Ingredients

- 4 Weetbix – crushed
- 60g Butter
- 1 Cup Sugar
- 210g Chopped Dates
- 1 Tsp Bi Carb Soda
- 1 Cup Boiling Water
- 1 Egg – beaten
- 1 Cup Self Raising Flour

Place the 4 crushed Weetbix into a bowl with the butter, sugar, chopped dates and bi carb soda. Pour 1 cup of boiling water over the mixture and let it stand for 5 minutes.

Add the beaten egg and the self raising flour and mix well.

Bake in a loaf tin in a moderate oven (180C) for 45 to 60 minutes.

ALTERNATIVE INGREDIENTS FOR A "HEALTHIER" DATE LOAF

- 4 Weetbix – crushed
- 60g of 78% reduced fat Margarine
- 1/2 Cup Sugar
- 210g Chopped Dates
- 1 Tsp Bi Carb Soda
- 1 Cup Boiling Water with 1 Tbsp Milk
- 1 Egg – beaten
- 1 Cup Wholemeal Self Raising Flour

The Pine Rivers Branch of the QCWA meets at 9.30am on the first Wednesday of the month at the QCWA Kallangur Hall, 1431 Anzac Avenue, Kallangur.

For more information, please email pineriversbranch@qcwa.org.au.





GET YOUR GOLDEN TICKET TO CHARLIE AND THE CHOCOLATE FACTORY

Cast including Tessa Parrish as Willy Wonka, or Tessa Parrish as Willy Wonka and Harlow Day as Charlie Bucket

STORY & PHOTO **SALLY EBERHARDT**

See the world of pure imagination bloom as Northpine Christian College brings the fabulous musical *Charlie and the Chocolate Factory* to glorious life!

This much-loved family favourite from Roald Dahl was chosen for its timeless appeal and ability to captivate audiences of all ages.

Cindy Sykes, drama teacher and stage director, said the vibrant characters and whimsical setting also provide a fantastic platform for the students to showcase their acting, singing, and dancing talents.

"Our production promises to be a visual and auditory treat, with elaborate sets, vibrant costumes and catchy musical numbers," Mrs Sykes said.

"Audiences will experience a heartwarming tale filled with humour, excitement and emotional moments that highlight the importance of family, integrity, kindness and honesty.

"It inspires both young and old to dream big and stay true to their values, no matter the challenges they face."

These powerful messages and the chance to

grow are of real appeal to the young cast too.

Year 12 student, Tessa Parrish, who plays Willy Wonka, said she loved Charlie and the Chocolate Factory because it explored a key theme – not everything is what it seems.

"I believe this is a good lesson – to not judge a book or factory by its cover," Tessa said.

"Having the opportunity to play Willy Wonka

with his larger-than-life personality has been a transformative journey, helping with my on-stage confidence and encouraging me to push the boundaries of fun and craziness in his interactions with other characters."

Year 7 student, Harlow Day, who plays Charlie Bucket, said he loved Charlie's character.

"Charlie is humble, enthusiastic, kind, clever and has a great imagination, and I love the banter between Charlie and Willy Wonka," Harlow said.

Other cast members include Findlay Meighan, Lachlann Green, Ella Thistleton, Annabella Green, Chastain Yu, Agolory Agolory, Tilly Day, Catherine Norman, Charlotte Gee, Raphael Bates and Jessica Chester.

The show on 25 July will be Auslan interpreted, underscoring Northpine Christian College's commitment to inclusivity.

For more information and YOUR golden ticket go to events.humanitix.com/ncc-charlie-musical

Tickets cost \$20 for an adult and \$15 for a child.

Don't miss out on this enchanting musical journey with an exceptionally talented cast.

CHARLIE AND THE CHOCOLATE FACTORY
20, 21, 25, 27 and 28 July
Northpine Christian College
29 Hughes Road East, Dakabin

SNORING? TIRED?

HELP IS EASIER THAN YOU THINK

If you're constantly tired and endure the discomforts of snoring, it might be more than just a nuisance. Sleep apnea, a prevalent condition often overlooked, could be the culprit. But fear not, addressing it is simpler than you might think.

Begin by taking a free online assessment at cpap.com.au/pages/sleep-studies to gauge the likelihood of a sleep disorder like sleep apnea. Your results will direct your next steps.

If sleep apnea seems probable, seek a referral for a sleep study through Telehealth or your healthcare provider, which will be conducted by Sleep Testing Australia.

During the sleep study, you'll be fitted with a device to monitor your sleep patterns and you go home to sleep as normal. Afterward, a team of experts will analyze your results and provide a comprehensive report within two weeks.

With the guidance of a sleep consultant, you'll understand your diagnosis and available treatment options. For those already diagnosed, CPAP Direct offers support in navigating CPAP therapy, ensuring the right equipment for your lifestyle.

By following these steps, you'll embark on a journey towards better sleep and overall well-being. Reclaim your vitality with the support of Sleep Testing Australia and CPAP Direct.

For assistance and CPAP equipment, visit cpap.com.au.

'Merv Hughes - Aussie Cricket Legend'



JUNE ECO EVE COLUMN

REDUCE WASTE & DIY GLASS CLEANERS

STORY **MARNIE BIRCH** **KEEP VEGETABLES FRESHER**

Line the vegetable crisper with a paper towel to absorb excess moisture that leaches from vegetables. This also makes cleaning the fridge easier.

For wilted veggies, sprinkle them with cool water, wrap them in a teatowel, and refrigerate them for an hour or more.

Keep lettuce fresh (with outer leaves on until ready to use) by wrapping it in a paper bag instead of the supermarket's soft plastic. The paper absorbs the moisture while plastic creates it. If you do use a plastic container for your lettuce, line it with a paper towel.

You can rejuvenate soggy lettuce by adding lemon juice to a bowl of cold water. Soak lettuce for an hour in the fridge.

STORING GARLIC

Store peeled garlic cloves in a bottle of cold-pressed virgin olive oil to prevent them from drying out. When all the garlic has been used, the leftover oil makes a tasty base for salad dressings.

PEP UP YOUR PLANTS

Cooled, leftover brewed tea works wonders as a fertiliser for ferns.

DIY GLASS CLEANER

Save money by making your own window cleaner.

For streak-free glass, add the following mix to a bucket of warm water:

- ½ cup ammonia
- 1 cup white vinegar
- 2 tablespoons of cornflour

Tip: Easily see which side of the window has any smudges by using horizontal strokes for cleaning inside and vertical strokes for outside.



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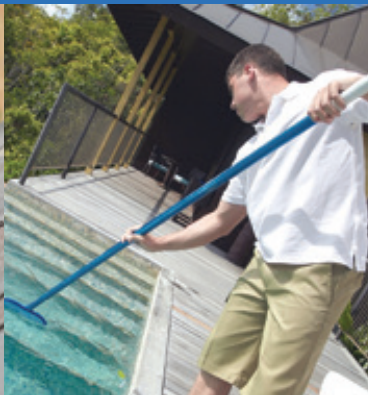
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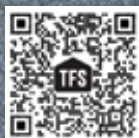
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